Health Inequalities

Further Reading

Lists compiled by DCH Library

1. **What are health inequalities?**

**Books**

Bartley, M. 2017. Health inequality : an introduction to concepts, theories and methods. 2nd edition. Cambridge : Polity Press

Marmot, M. 2015. The health gap : the challenge of an unequal world. London : Bloomsbury

Smith, K.E., Hill, S. and Bambra, C. 2016. Health inequalities : critical perspectives. Oxford : Oxford University Press

Wistow, J. 2015. Studying health inequalities : an applied approach. Bristol : Policy Press

**Articles**

Coronini-Cronberg S, Maile EJ, Majeed A. Health inequalities: the hidden cost of COVID-19 in NHS hospital trusts? Journal of the Royal Society of Medicine. 2020;113(5):179-184. Doi:10.1177/0141076820925230

Howarth D, Marteau TM, Coutts AP, Huppert JL, Pinto PR. What do the British public think of inequality in health, wealth, and power? Soc Sci Med. 2019 Feb;222:198-206. Doi: 10.1016/j.socscimed.2019.01.006. Epub 2019 Jan 12. PMID: 30660044.

Marmot, M., Allen, J., Goldblatt, P., Herd, E. and Morrison, J., 2021. Build back fairer: the COVID-19 Marmot review the pandemic, socioeconomic and health inequalities in England.

McCartney G, Collins C, Mackenzie M. What (or who) causes health inequalities: theories, evidence and implications? Health Policy. 2013 Dec;113(3):221-7. Doi: 10.1016/j.healthpol.2013.05.021. Epub 2013 Jun 28. PMID: 23810172.

McCartney G, Popham F, McMaster R, Cumbers A. Defining health and health inequalities. Public Health. 2019 Jul;172:22-30. Doi: 10.1016/j.puhe.2019.03.023. Epub 2019 May 31. PMID: 31154234; PMCID: PMC6558275.

Porroche-Escudero A, Popay J. The Health Inequalities Assessment Toolkit: supporting integration of equity into applied health research. Journal of public health (Oxford, England). 2021;43(3):567-572. Doi:10.1093/pubmed/fdaa047

1. **Reducing Health Inequalities**

**Books**

Mackenbach, J. P. 2019. Health inequalities: persistence and change in European welfare states. Oxford : Oxford University Press

Roberts, H. 2012. What works in reducing inequalities in child health. 2nd edition. Bristol : Policy Press

**Articles**

Craig N, Robinson M. Towards a preventative approach to improving health and reducing health inequalities: a view from Scotland. Public Health. 2019 Apr;169:195-200. Doi: 10.1016/j.puhe.2019.02.013. Epub 2019 Mar 12. PMID: 30876724.

Sharpe, R. A., Curry, W., Brown, R., Shankar, R. 2019. A public health approach to reducing health inequalities among adults with autism, British Journal of General Practice. 69, 688, 534-535 DOI: <https://doi.org/10.3399/bjgp19X706133>

1. **Give every child best start in life**

**Books**

DeBell, D. 2016. *Public health for children*. Boca Raton, FL; London : CRC Press,

Keenan, T., Evans, S. and Crowley, K. 2016. *An introduction to child development.*  
London : Sage

Kehily, M. J. 2015. *An Introduction to childhood studies.* Maidenhead : Oxford University Press

Sharma, A. and Cockerill, H. 2014. *Mary Sheridan’s from birth to five years : children’s developmental progress*. London : Routledge

Smith, P. K., Cowie, H., Blades, M. 2015. *Understanding children’s development.* Chichester : John Wiley & Sons

**Articles**

Lani Florian & Mhairi Beaton. 2018 Inclusive pedagogy in action: getting it right for every child, *International Journal of Inclusive Education*, 22:8, 870-884, DOI: 10.1080/13603116.2017.1412513

Pearce A, Dundas R, Whitehead M, et al (2019) Pathways to inequalities in child health *Archives of Disease in Childhood* 2019;104:998-1003.

Public Health England. 2021. *Best start in life and beyond : Improving public health outcomes for children, young people and families*. [Online] Available from <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/969168/Commissioning_guide_1.pdf>

Public Health England. 2016. *Health matters: giving every child the best start in life* [Online] Available from <https://www.gov.uk/government/publications/health-matters-giving-every-child-the-best-start-in-life/health-matters-giving-every-child-the-best-start-in-life>

Sacks E, Morrow M, Story WT, et al 2019, Beyond the building blocks: integrating community roles into health systems frameworks to achieve health for all *BMJ Global Health 2019*;3:e001384.

1. **Maximise capabilities**

**Articles**

NHS England. 2021. *The Health Inequalities Improvement Dashboard*. [online] Available from <https://www.england.nhs.uk/about/equality/equality-hub/core20plus5/hi-improvement-dashboard/>

NHS England. 2021. *Reducing health inequalities resources.* [online] Available from <https://www.england.nhs.uk/about/equality/equality-hub/resources/>

Vogt, C.P. Maximizing Human Potential: Capabilities Theory and the Professional Work Environment. *J Bus Ethics* 58, 111–123 (2005). <https://doi.org/10.1007/s10551-005-1423-6>

1. **Create fair employment**

**Books**

Lewis, D. and Sargeant, M. 2020. *Employment law : the essentials.* London : John Wiley and Sons.

Pitt, G. 2007. *Employment law.* London : Sweet and Maxwell.

1. **Healthy standard of living for all**

**Articles**

Brown, H., Mills, S., & Albani, V. (2022). Socioeconomic risks of food insecurity during the Covid-19 pandemic in the UK: findings from the Understanding Society Covid Survey. BMC public health, 22(1), 590. <https://doi.org/10.1186/s12889-022-12964-w>

Curran, F., Blake, C., Cunningham, C., Perrotta, C., van der Ploeg, H., Matthews, J., & O'Donoghue, G. (2021). Efficacy, characteristics, behavioural models and behaviour change strategies, of non-workplace interventions specifically targeting sedentary behaviour; a systematic review and meta-analysis of randomised control trials in healthy ambulatory adults. PloS one, 16(9), e0256828. <https://doi.org/10.1371/journal.pone.0256828>

Foster, H., Ho, F. K., Mair, F. S., Jani, B. D., Sattar, N., Katikireddi, S. V., Pell, J. P., Niedzwiedz, C. L., Hastie, C. E., Anderson, J. J., Nicholl, B. I., Gill, J., Celis-Morales, C., & O'Donnell, C. A. (2022). The association between a lifestyle score, socioeconomic status, and COVID-19 outcomes within the UK Biobank cohort. BMC infectious diseases, 22(1), 273. <https://doi.org/10.1186/s12879-022-07132-9>

Hassen, H. Y., Bowyer, M., Gibson, L., Abrams, S., & Bastiaens, H. (2022). Level of cardiovascular disease knowledge, risk perception and intention towards healthy lifestyle and socioeconomic disparities among adults in vulnerable communities of Belgium and England. BMC public health, 22(1), 197. <https://doi.org/10.1186/s12889-022-12608-z>

Libuy, N., Bann, D., & Fitzsimons, E. (2021). Inequalities in body mass index, diet and physical activity in the UK: Longitudinal evidence across childhood and adolescence. SSM - population health, 16, 100978. <https://doi.org/10.1016/j.ssmph.2021.100978>

Moonan, M., Maudsley, G., Hanratty, B., & Whitehead, M. (2022). An exploration of the statutory Healthy Start vitamin supplementation scheme in North West England. BMC public health, 22(1), 392. <https://doi.org/10.1186/s12889-022-12704-0>

Parnham, J., Millett, C., Chang, K., Laverty, A. A., von Hinke, S., Pearson-Stuttard, J., & Vamos, E. P. (2021). Is the healthy start scheme associated with increased food expenditure in low-income families with young children in the United Kingdom?. BMC public health, 21(1), 2220. <https://doi.org/10.1186/s12889-021-12222-5>

Paul, E., & Fancourt, D. (2022). Predictors of uncertainty and unwillingness to receive the COVID-19 booster vaccine: An observational study of 22,139 fully vaccinated adults in the UK. The Lancet regional health. Europe, 14, 100317. <https://doi.org/10.1016/j.lanepe.2022.100317>

Picchioni, F., Goulao, L. F., & Roberfroid, D. (2021). The impact of COVID-19 on diet quality, food security and nutrition in low and middle income countries: A systematic review of the evidence. Clinical nutrition (Edinburgh, Scotland), S0261-5614(21)00395-2. Advance online publication. <https://doi.org/10.1016/j.clnu.2021.08.015>

Relton, C., Crowder, M., Blake, M., & Strong, M. (2022). Fresh street: the development and feasibility of a place-based, subsidy for fresh fruit and vegetables. Journal of public health (Oxford, England), 44(1), 184–191. <https://doi.org/10.1093/pubmed/fdaa190>

1. **Creating and developing sustainable communities**

**e-Books**

Byrd, R and DeMates, L. 2019. *Sustainability made simple : small changes for big impact.* Lanham : Rowman & Littlefield  
Click [here](https://swims.inforlib.uk/iguana/www.main.cls?surl=search&p=eced617d-2bd5-4a95-876b-44e5e10c4cfd#recordId=1.95598) to access; you will need an [OpenAthens](https://openathens.nice.org.uk/) username and password

Mulligan, Martin. 2018. *An introduction to sustainability : environmental, social and personal perspectives.* London : Routledge  
Click [here](https://swims.inforlib.uk/iguana/www.main.cls?surl=search&p=eced617d-2bd5-4a95-876b-44e5e10c4cfd#recordId=1.95593) to access; you will need an [OpenAthens](https://openathens.nice.org.uk/) username and password

Robertson, M. 2021. *Sustainability principles and practice.* London : Routledge  
Click [here](https://swims.inforlib.uk/iguana/www.main.cls?surl=search&p=eced617d-2bd5-4a95-876b-44e5e10c4cfd#recordId=1.95592) to access; you will need an [OpenAthens](https://openathens.nice.org.uk/) username and password

**Articles**

Hampshire, K., Islam, N., Kissel, B., Chase, H., & Gundling, K. (2022). The Planetary Health Report Card: a student-led initiative to inspire planetary health in medical schools. The Lancet. Planetary health, S2542-5196(22)00045-6. Advance online publication. <https://doi.org/10.1016/S2542-5196(22)00045-6>

Nelson, E., Waiswa, P., Coelho, V. S., & Sarriot, E. (2022). Social accountability and health systems' change, beyond the shock of Covid-19: drawing on histories of technical and activist approaches to rethink a shared code of practice. International journal for equity in health, 21(Suppl 1), 41. <https://doi.org/10.1186/s12939-022-01645-0>

1. **Ill health prevention**

**Articles**

NHS. 2021. *Treating and preventing ill health* [Online] Available from <https://www.longtermplan.nhs.uk/areas-of-work/prevention/> [Accessed 10th May 2022]

Public Health England. 2019. *Health matters: Prevention - a life course approach* [Online] Available from <https://www.gov.uk/government/publications/health-matters-life-course-approach-to-prevention/health-matters-prevention-a-life-course-approach> [Accessed 10th May 2022]

Royal College of Paediatrics and Child Health. *Prevention of ill health.* [Online] Available from <https://www.rcpch.ac.uk/key-topics/prevention-ill-health> [Accessed 10th May 2022]

1. **Health literacy and power**

**Books**

Nutbeam, D. Levin-Zamir and Rowlands, G. 2019. *Health literacy in context - settings, media and populations.* Basel, Switzerland : MDPI Publishing

**Articles**

Brainard, J., Wilsher, S. H., Salter, C., & Loke, Y. K. (2016). Methodological review: quality of randomized controlled trials in health literacy. BMC health services research, 16, 246. <https://doi.org/10.1186/s12913-016-1479-2>

Dib, F., Mayaud, P., Chauvin, P., & Launay, O. (2022). Online mis/disinformation and vaccine hesitancy in the era of COVID-19: Why we need an eHealth literacy revolution. Human vaccines & immunotherapeutics, 18(1), 1–3. <https://doi.org/10.1080/21645515.2021.1874218>

Graso, M., Henwood, A., Aquino, K., Dolan, P., & Chen, F. X. (2022). The dark side of belief in Covid-19 scientists and scientific evidence. Personality and individual differences, 193, 111594. <https://doi.org/10.1016/j.paid.2022.111594>

Neves, A. L., Freise, L., Laranjo, L., Carter, A. W., Darzi, A., & Mayer, E. (2020). Impact of providing patients access to electronic health records on quality and safety of care: a systematic review and meta-analysis. BMJ quality & safety, 29(12), 1019–1032. <https://doi.org/10.1136/bmjqs-2019-010581>

Tavananezhad, N., Bolbanabad, A. M., Ghelichkhani, F., Effati-Daryani, F., & Mirghafourvand, M. (2022). The relationship between health literacy and empowerment in pregnant women: a cross-sectional study. BMC pregnancy and childbirth, 22(1), 351. <https://doi.org/10.1186/s12884-022-04686-z>

1. **Population health**

**Books**

Naidoo, J. and Wills, J. 2016. *Foundations for health promotion.* s.l. : Elsevier Masson

**e-Books**

Elmore, J.G. 2020. *Jekel's epidemiology, biostatistics, preventive medicine, and public health*  
Click [here](https://swims.inforlib.uk/iguana/www.main.cls?surl=search&p=eced617d-2bd5-4a95-876b-44e5e10c4cfd#recordId=1.83150) to access; you will need an [OpenAthens](https://openathens.nice.org.uk/) username and password

Wild, K. 2019. *Public health and health promotion for nurses at a glance.*   
Chichester : Wiley

1. **Vulnerable groups**

**Books**

Barnett, D. 2019. *The straightforward guide to safeguarding adults : from getting the basics right to applying The Care Act and criminal investigations*. London : Jessica Kingsley

Larkin, M. 2009. *Vulnerable groups in health and social care*. London : SAGE Publishing

Wonnacott, J. 2014. *Developing and supporting effective staff supervision : a reader to support the delivery of staff supervision training for those working with vulnerable children, adults and their families*. Hove, Sussex : Pavilion

1. **E, D and I**

**Books**

Thompson, N., 2016. *Anti-discriminatory practice : equality, diversity and social justice.* Palgrave Macmillan

Thompson, N., 2018. *Promoting equality : working with diversity and difference.* London : Palgrave Macmillan

Westwood, S., 2019. *Ageing, diversity and equality : social justice perspectives.* London : Routledge