

INNOVATE

Dorset ICS Innovation Hub Newsletter

EDITION 6: SEPTEMBER 2023

Welcome to the September 2023 edition of the Dorset Innovation Hub newsletter.

In this our September newsletter, a key continuing central thread is the importance of prioritising projects and understanding complexities of implementation. The **'making Dorset the healthiest place to live'** joint forward plan draws together the clear vision to focus on five key areas for Dorset; mental health, childhood obesity, inequalities in life expectancy, ageing well, and extending healthy life years. To enable this, plans to support delivery are outlined and cover; digital, people/workforce, clinical, estates, and finance (see page 6 and <https://nhsdorset.nhs.uk/voice/jointforwardplan/>).

Prioritising projects to deliver the joint forward plan enables us to support the realisation of 'making Dorset the healthiest place to live' and have a clearer understanding of associated complexities.

Innovation has a central role to play in the joint forward plan realisation. I know! I would say that wouldn't I 😊. The Dorset Innovation hub (DIH) supports priority projects approved by our programme group (partner organisations from across Dorset's NHS organisations, councils, public services, and voluntary and community partners [Partners – Innovation \(ourdorset.org.uk\)](https://ourdorset.org.uk)). One such priority the DIH are working on is the recently re-named nutrition in ageing people project (see page 2) which supports the joint forward plan **outcome four 'we will increase the percentage of older people living well and independently in Dorset'**.

With our prioritised projects we may be working on increasing efficiencies or achieving improvements to health and wellbeing outcomes. Its fundamental to understand the complexities of implementation which are key to success. If you'd like to find out more please join us at the upcoming [DIH community of practice 'Understanding complexities of implementation' \(26 Sept 2023\)](#).

As I leave you to explore our September newsletter, I am keen to collate and understand: What do you feel are the key elements that make implementation complex for you? Do email me with your thoughts.

Sarah Chessell

Lead - Dorset Innovation Hub

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“The value of an idea lies in the using of it.”

Thomas Edison



In This Issue

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Local Priority Innovation Adoption Project Malnutrition in Ageing People


One of the local priority projects in the Dorset Innovation Hub (DIH) work programme, is focused on improving the nutrition support to older people (65+ years), enabling them to "age well".

Malnutrition is one of the most common nutritional challenges for older adults, leading to significant health and social care consequences. Malnutrition risk factors are complex and multidimensional, including influences such as access, skills, finance, culture, functional and cognitive impairment. It is an area of particular importance in Dorset when considering that an estimated 29% of the population in the Dorset Council area are currently 65 years and over. Dorset also has additional accessibility challenges as the geographical area contains a significant proportion of rural communities.


As mentioned above, malnutrition is a complex and complicated issue, and one which requires a collaborative approach. To support this project a Malnutrition Steering Group (MSG) has been established, chaired by Dr Andrew Dean (Dorset Healthcare), and contains membership from healthcare providers (acute and community), the voluntary sector, local authority, and emergency services.

Following on from the first MSG development day on 16 November 2022 (identifying the need) the second MSG development day was held on 28 June with fabulous attendance and energy from Dorset-wide partners and stakeholders, including patient and public representatives. The day was facilitated by members of the Dorset Innovation Hub and the [Innovation Unit](#) and was centred on identifying the innovation. Two innovations were presented and explored to understand 'what, why and how' they can help meet the need. Outputs and recommendations were collated and are to be discussed at the September MSG meeting for approval and agreement of next steps.

If you are interested in the topic area and would like to join the MSG, please email the DIH at dorsetinnovationhub@uhd.nhs.uk.


 Sarah @ChesselSarah
#DorsetInnovationHub wishes everyone in NHS a very Happy 75th Birthday 🎂 #NHS75. A moment at which 2 reflect on achievements of the NHS & its ability to evolve & adapt to meet changing needs. #Innovation playing a key part in this & a crucial component for future transformation



 Sarah @ChesselSarah
Thanking someone is such a key part of kindness, caring & friendship. Today's #ThankYouDay is in partnership with music for dementia @MusicforDemUK & their song "thank you for being a friend". Could you join the sing-along? youtu.be/ttQrDj_neGO#humbling#DorsetInnovationHub

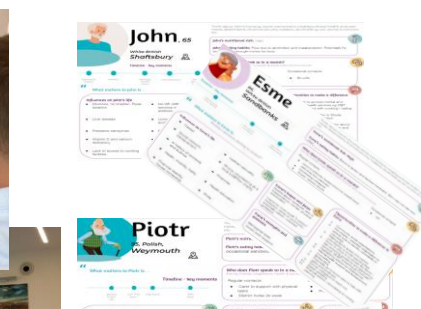
 Dr Michelle M Holmes @michelleholmes
So lucky that I work with such wonderful people. Delighted to have #dorsetinnovationhub with us today at the end of Research Experience Week at @AECCUniversityC. Thank you for coming and supporting young people's interest in research @ChesselSarah @SCourtior



 Sandra Courtior @SCourtior
Have a look at #DorsetInnovationHub website to see new case study publication from @DorsetCouncil sharing how their collaborative working approach supports the delivery of technology enabled care in adult social care. Great read! @jaimeella @coll3284 ourdorset.org.uk/innovation/pro...



 Sarah @ChesselSarah
On #InternationalDayOfFriendship the #DorsetInnovationHub would like 2 recognise & thank our partners 4 their guidance & support. Working together 2 we build the best conditions 2 support health & care #innovation adoption in #Dorset. #impact #priorities #systemworking



Date: 28 June 2023
Place: St Mary's Church Centre, Longfleet Road, Poole, Dorset, BH15 2JD
Time: 9:30 - 1pm

Tackling Malnutrition in Ageing

Adopting Innovation Development Day #2

What's it about?

- Exploring innovations designed to reduce malnutrition in ageing people and how they align with priorities
- Understanding the conditions for success (buy-in, support, capabilities etc) and preparing next steps

Innovation Unit Learning Event: Supporting Work of Innovation Adoption

[The spread challenge report from the Health Foundation](#) explores the challenges facing the NHS in improving the uptake of new ideas and practices, and the need for new approaches when developing national and local programmes to support the spread of innovation. Further, it emphasises the point that improvement through innovation is not only about finding new solutions to challenges, but also the successful adoption across health and care of proven innovative solutions.

The Health Foundation's Adopting Innovation Programme was designed to explore how local 'innovation hubs' could help build knowledge, skills and confidence within health and care providers to successfully adopt innovations. The Dorset Innovation Hub (DIH) being one of the four hubs set up under this programme. Approaching the 2-year programme mark, the [Innovation Unit](#) hosted a Learning Event on 09 June to provide an opportunity for the four hubs to come together to share insights, challenges and ideas; as well as support development of a deeper and clearer understanding and articulation of the value hubs can offer when supporting the work of innovation adoption.

We were delighted that the DIH were represented at this event by core team members from University Hospitals Dorset and Dorset County Hospital, as well as joined by colleagues from Wessex AHSN. Key speakers at the event included Candida Perera (Health Foundation), Charlotte Williams (Mid South Essex), Alex Ganzerla (NHS England), and Nell Thornton-Lee (Health Foundation).

During the day we explored the influence of the directing force behind innovation adoption; whether it is solution-led (innovation push) or problem-led (innovation pull). We also discussed the impact of the flow of 'energy, ideas & asks' depending on whether this was top down or bottom up. An inspiring presentation from Charlotte Williams (Director of Strategy at Mid & South Essex) illustrated the importance of mindset and the key unlocking role of senior leader support. We explored our understanding of innovation ecosystems with Nell Thornton-Lee (Health Foundation) who supported to develop our understanding of how system heterogeneity makes spread complex.



NHS Clinical Entrepreneur Programme

Are you an NHS member of staff with an innovative idea to improve healthcare? If yes, the NHS Clinical Entrepreneur Programme (CEP) may be of interest to you. The NHS CEP allows entrepreneurs and creative thinkers to pursue their innovation idea without having to leave the health service. It provides a one-year programme which is designed to fit around work. The programme includes mentoring events, workshops and professional development to help achievement of goals.

The NHS CEP is open to all NHS staff, from doctors to administrators; pharmacists and nurses to IT support. Applications for cohort 8 open on 02 October 2023, with sessions currently being run by the NHS CEP to provide help and support with preparing an application.

More information, together with application details, can be found on the [NHS CEP website](#).



Training Opportunities

with the

Dorset Innovation Hub

in

2023



Fundamentals of Innovation Adoption

Further understand the challenges of innovation adoption, develop skills and build knowledge to be better equipped to successfully adopt innovations into your practice.



These in person events will be held from 10:00 to 16:30 at:

Remaining 2023 events -

28 September

Vespasian House, Dorchester

07 November

AECC University College. Bournemouth



Implementation of NICE Approved Medical Technologies



In 2023 Dorset Innovation Hub will be supporting a series of online workshops in collaboration with AHSN & N-QI-CAN.

Workshop 1 – 05 October 10:00 to 12:00

Improving patient care by adopting medical technology

Workshop 2 – 30 November 10:00 to 12:00

The role of cultural and behavioural insights

Workshop 3 – DATE TBC 10:00 to 12:00

Learning from teams working collaboratively

Community of Practice

Online 1hr events which aim to bring the innovation community together to develop skills, share best practice and experiences. Events are focused around a particular topic of interest.

26 September – 13:00 to 14:00

13 December – 13:00 to 14:00



Preparing a Business Case

Overview of business case development considering stakeholders and the benefits of the innovation, how to make this a compelling case and navigating decision making in the NHS. This online session also incorporates a Q&A element.

10 October – 10:00 to 12:00



Further Information and Bookings

Further information on these free training opportunities available with the Dorset Innovation Hub can be found on our website under [‘News & events’](#)

Bookings are managed via Eventbrite: [Dorset Innovation Hub Eventbrite Profile](#)

Additional Resources

Additional resources to support learning and development can be found on our [website](#)

Dorset Innovation Hub [YouTube channel](#) contains short videos designed to provide accessible information

CPD Accreditation

The Dorset Innovation Hub is registered as a [CPD provider](#) by the CPD accreditation service



Dorset Innovation Hub contact details:



dorsetinnovationhub@uhd.nhs.uk



<https://ourdorset.org.uk/innovation/>



New Centre for Workforce Development and Systems Innovation

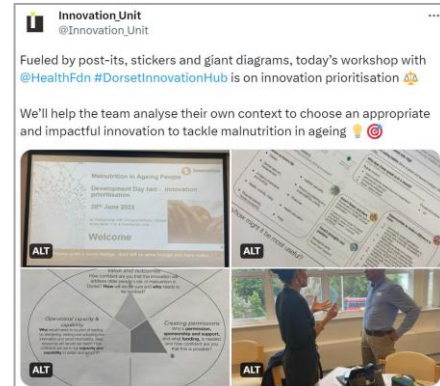
The [Centre for Workforce Development and Systems Innovation](#) (CWSI) at AECC University College launched in August 2023. The Centre aims to drive positive change in healthcare systems by supporting workforce transformation, promoting knowledge exchange, and offering comprehensive professional development programs for healthcare professionals, healthcare educators, healthcare leaders and policymakers. CWSI seeks to address workforce challenges through innovative approaches, evidence-based policies, and effective implementation strategies, ultimately improving healthcare delivery and patient outcomes working in meaningful partnership with our stakeholders.

We are focused in focused in supporting employers in the recruitment and retention of their workforce, enabling growth and transformation, through education and innovation. These collaborations align education and research efforts with real-world needs, foster knowledge exchange, and facilitate the translation of research findings into tangible impact for the benefit of the healthcare workforce. The Centre actively engages in knowledge exchange activities to bridge the gap between research and practice. Knowledge exchange refers to any process through which academic ideas and insights are shared, and external perspectives and experiences are brought into academia. We aim to translate research findings into practical applications, innovative healthcare solutions, and evidence-based policies to drive positive change, improve healthcare services, and enhance health outcomes for individuals and populations.

Claire Nadaf
Head of Academic Enterprise and Engagement
AECC University College



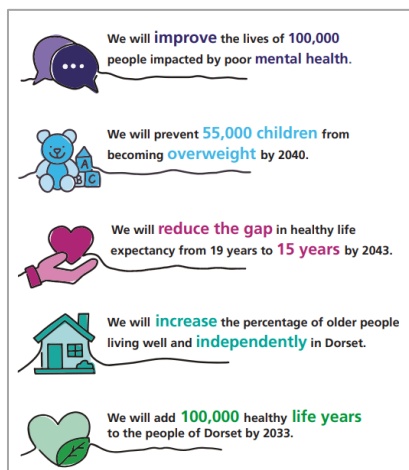
X (Twitter) news



‘Making Dorset the healthiest place to live’ Joint Forward Plan: 2023 - 2028

NHS Dorset Integrated Care Board (ICB) have recently published the ‘making Dorset the healthiest place to live’ [Joint Forward Plan: 2023-2028](#) which outlines how they plan to achieve the goal of making sure everyone in Dorset has a chance to live their best life. The plan emphasises and acknowledges the importance of prevention, reducing inequalities, as well as improving and strengthening links between public sector services and communities.

The plan centres on five areas of focus; mental health, childhood obesity, inequalities in life expectancy, ageing well, and extending healthy life years. The outcome targets for against these five areas of focus are summarised in the illustration.



In addition to the delivery plans for the five key areas of focus, the Joint Forward Plan also details the enabling plans that will support delivery of the outcomes. These enabling plans cover; digital, people/workforce, clinical, estates, and finance.

Innovation has a central role to play in the realisation of the Joint Forward Plan, be that in how healthcare services are delivered, through increasing efficiency, or in achieving improvements to health and wellbeing outcomes. It is exciting to see how the current work of the Dorset Innovation Hub supports the plan; for example, the Malnutrition in Ageing People project and the integrated community care model detailed within the ‘ageing well’ outcome. Effective partnership working will enable us to also ensure that future DIH projects and work programmes are closely connected with, and supportive of, system priorities as detailed in the Joint Forward Plan.

Digital technology in the NHS: reducing staff pressures, improving care

The NIHR (National Institute for Health and Care Research) have recently (28/06/2023) published a collection entitled ‘[Digital technology in the NHS: reducing staff pressures, improving care](#)’, which pulls together eight examples of recent NIHR research that demonstrate ways in which digital technology can improve care and outcomes, empower patients and support a reduction in demands on staff. NHS workforce pressures are growing; with factors such as an ageing population and rising staff vacancies contributing. Workforce support is a key research priority, with a focus on developing and evaluating technology-assisted solutions which reduce staff burden and improve patient outcomes.

The eight technology-assisted innovative solutions detailed within the collection include:

- Computer decision aids to help rule out heart attack in patients presenting to A&E with chest pain;
- Continuous electronic glucose monitoring in premature babies via a sensor under the skin;
- Home monitoring of blood pressure to support prescribing decisions as well as provide lifestyle advice and motivational support;
- Real-time digital intervention enabling senior palliative care staff to provide remote support and delegate tasks to more junior colleagues.

The NIHR collection report is a great example of how innovative solutions can support NHS workforce pressures. As Sian the public contributor says (link above for full quote), “Change, even if it is innovative, can be challenging for clinicians, commissioners and patients alike to accept. But if the interventions are a ‘good fit with current practice and priorities’, and are demonstrated through evidence, long-term and large-scale service redesign is more likely to be seen”



Dorset Innovation Hub Summit

Using innovation to support communities to live their best lives

Tuesday 18 June 2024
Dorset Museum, Dorchester

The inaugural Dorset Innovation Hub summit will benefit anyone seeking to spread and adopt proven innovation or wanting to find out more about innovation adoption. Learning is supported by a fantastic line-up of speakers, delivering from a national as well as local perspective. Practical workshops are available in the afternoon together with opportunities to network and build connections. To find out more and book a place at this free event, please visit [Eventbrite](#).



Community of Practice Event - Online

Understanding complexities of implementation
Tuesday 26 September 2023 – 13:00 to 14:00

We are delighted to share that our next Community of Practice event will be focused on understanding the complexities of implementation when making changes in a health and care setting. Hear reflections from BCP Council local case study presentation, based on the digital inclusion to enable health managements project, gain insights and practical tips about managing complexities, and participate in a Q&A session. This free online event is available to all. To book a place please visit [Eventbrite](#).



Improving patient care by adopting medical technology - Online

The AHSN Network, Dorset Innovation Hub, N-QI-CAN
Thursday 5 October 2023 – 10:00 to 12:00

Find out how you can use clinical audit, wider improvement and evaluation tools to support successful implementation of innovation to improve patient outcomes.

This first of three practical workshops provides real world learning from N-QI-CAN and The AHSN Network teams supporting the adoption of medical technologies in the NHS.

Further information and booking via <https://rb.gy/1gz1t>



Fundamentals of Innovation Adoption training

- **Thursday 28 Sept 2023 – 10:00 to 16:30**
Vespasian House, Dorchester DT1 1TG
- **Tuesday 7 Nov 2023 – 10:00 to 16:30**
AECC University College, Bournemouth, BH5 2DF

Join the Dorset Innovation Hub at these free training events (CPD certified), and develop skills, build knowledge and obtain resources to be better equipped to successfully adopt innovations into your practice.

Within this interactive training:

- Explore the definition of innovation
- Learn about the key stages of innovation adoption
- Develop skills in using supportive tools & guidance

Booking via [Eventbrite](#).



Contact details:

The Innovation Team provides innovators with advice and hands-on support to adapt, adopt and sustain proven innovation and develop ideas into new services and products that will benefit the Dorset ICS and wider NHS.

If you would have a project that you would like to discuss, or if there is anything in this newsletter that you would like further information on, please do contact us.



dorsetinnovationhub@uhd.nhs.uk



<https://ourdorset.org.uk/innovation/>

