

- All the way through the 'Ageing' maintain a well-balanced diet, social activity in the older age, facilitate self-management and
- For all topics we will be looking applicable and it will be possible to slow down the progression of applicable
- The emphasis of the 'Ageing' well-being, physiological ageing on pathological processes which
- Promoting physical activity and
- stretching session in each talk

Listening better in Dorset

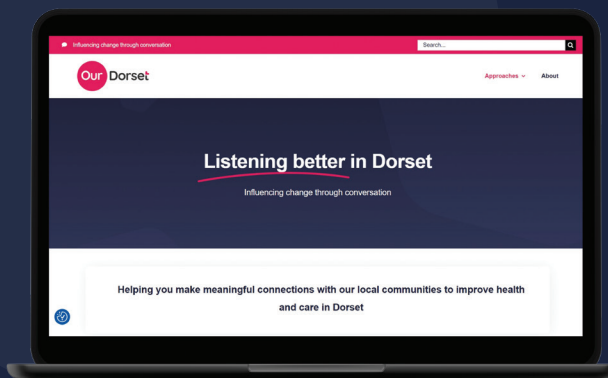
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Our
Dorset

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#ListeningBetterDorset



Scan to find
out more



A NEW website has launched helping you make meaningful connections with our local communities to improve health and care in Dorset

Find out more about our listening approaches:



Care
Conversations



Community
Conversations



Community
Researcher Model



Community
Researchers



Focus Groups



Neighbourhood
Conversations



Patient and Public
Voice Groups



Poverty Truth
Commission



Three
Conversations



Trusted Voices



Young Listeners

