

# Repeat Prescriptions?

## Only order what you need.

Did you know that approximately 1.6 million medicine items are wasted unnecessarily in Dorset each year? We need your help to reduce this.

Check what medicines you have at home before you order your repeat prescriptions.

If you have enough, only request the medicines you need this time.

You will still be able to order your medicine again in future.

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**Story by NAME,**

Job title

.....

"In my time as a pharmacist, I welcomed conversations with patients about their repeat prescriptions and identifying medications no longer necessary.

"I always asked people to check what they have at home before placing an order. It's important for people to know they can always order medicines later, when they are needed.

"Ordering unnecessary medication raises the risk of shortages for those in need, and people often don't realise that stockpiling can be dangerous for children and pets.

"It's great to see people thinking more about what medicines they order and disposing of medicines properly at their pharmacy. It's important for patients to have the necessary medicines to stay well, while being mindful of not ordering unnecessary medications at any given time."

**Only order what you need**

Thank you for helping your community to reduce medicine waste.



Repeat prescriptions? ☒

**Only order  
what you need**



**10% of medicines** prescribed nationally are not needed



In Dorset we spend **£9 million** a month on repeat medications



Speak to your **pharmacy team** about only ordering what you need.

Find out more about our medicines waste campaign at:

**URL GOES HERE**